



RECREATIONAL SOCCER RULES

Equipment:

- All Players must wear the official RVT Recreational T-Shirt, which may be purchased at the Medford Soccer Post. All teams will be given pinnies to wear if they are the away team. **Teams are not permitted to play in the league if they are not wearing the official RV Timbers T-Shirt.**
- All players must be wearing Shin Guards before entering the field of play. Players not wearing shin guards will not be allowed to play.
- Player's socks need to cover Shin Guard
- No Football or Baseball cleats may be worn, only soccer cleats, turfs, or tennis shoes/sneakers
- No jewelry may be worn on the field, i.e., watches, earrings, necklaces, bracelets, etc. Medical Alert Bracelets are the only exception and they must be taped down. Taping of ornamental Jewelry is not permitted!
- No equipment shall be worn that is considered dangerous to another player as determined by the referee.
- ***HARD CASTS ARE NOT PERMITTED UNDER ANY CIRCUMSTANCE***

Rosters:

- All teams are to present an official club roster printed from affinity to the referee before each game. If a player is not on the roster they can't play unless the game official is able to contact either the Club D.O.C or registrar to confirm their eligibility.
- The team listed first on the schedule is the home team for that game.

Game Ball:

- The home team as listed on the schedule provides game balls.
- Kinder Soccer and 1st grade Size 3 ball
- U8-U12 Size 4 ball
- U15 Size 5 ball

Protests:

- Since this is a developmental league and there are no standings or scores kept there is no need for protests. All games will be considered final. **NO PROTESTS WILL BE ALLOWED.**

Sportsmanship:

- Good sportsmanship is one of the paramount values we must be teaching our young athletes and will prevail at all times! **Coaches are responsible for the conduct of their players, assistant coaches, parents and spectators.**

Sideline behavior:

- A coach may not enter the field of play except on the referee's signal.
- Coaches, players, parents and spectators shall not harass or attempt to distract players, linesman or center referee(s). Infraction of these rules will result in a caution, followed by an ejection and appropriate disciplinary action as determined by the club Judicial Board. No coach is to make derogatory remarks or gestures to the referee, players or spectators. Any coach, player, or spectator making derogatory remarks or gestures to the referee, players or spectators will be asked to leave the field for the remainder of the game! If a coach, player or spectator is asked to leave the field, they will be suspended for the next game for the first occurrence, any additional incidents will result in the removal from RVSC.
- **Spectators are not allowed to coach** – please feel free to cheer for and encourage your young players however, leave the coaching to the coaches!
- **ALCOHOLIC BEVERAGES AND SMOKING ARE PROHIBITED ON ALL FIELDS. NO EXCEPTIONS!!!**

Jersey Conflict:

- All teams will be provided an adequate number of pinnies for the season. The away team is to wear the pinnies on game day.

Blood:

- No player may play if they bleeding or there is blood on their uniform. The referee will immediately substitute the player. The uniform must be changed. The player may not return to the game until the bleeding is stopped and the wound is covered.

No Littering:

- Please respect the fields made available to the Rogue Valley Soccer Club. At the conclusion of your game, please be sure that all garbage generated by your team be collected and disposed of in a trash receptacle.

Age Specific Rules:

Kinder – Second Grade (4v4)

- Play (2) 20 min halves separated into (4) 5-minute periods. With 30 seconds between each period. After the first 4 periods you take a 5-minute half time and then play the next 4 periods.
- Both teams are to be on the same side of the field and all parents are to be on the opposite side of the field from the players and coaches.
- There are no referees at these age groups a coach from each team will be on the field to help facilitate the game.
- Do not switch sides at halftime
- All Kicks Resulting from a foul are considered indirect and may not be kicked directly into the goal prior to touching a second player (in reality, we should not be calling fouls at these ages...just let the kids play)!
- There are no goalkeepers at this age level!!
- There is no off side.
- Goal Kicks are to be taken from the top of the goal box. All members of the team not taking the goal kick must be on the opposite side of midfield from which the kick is being taken, once the ball is kicked players are free to cross midfield. **KINDER SOCCER – JUST GET THE BALL BACK IN PLAY. DO NOT USE GOAL KICKS OR CORNER KICKS.**
- **No slide tackling is allowed at this age level!!!**

Third and Fourth Grade (7v7)

- Play (2) 25-minute halves with a 5-minute half time.
- Both teams are to be on the same side of the field and all parents are to be on the opposite side of the field from players and coaches.
- **No player shall play more than ½ of a game as a goalkeeper!**
- All kicks resulting from a foul are considered indirect and may not be kicked directly into the goal prior to touching a second player. All kicks will be taken outside the penalty area.
- **NO SLIDE TACKLING IS ALLOWED AT THIS AGE LEVEL!!!**
- **NO HEADING**
 - A player may not use his/her head to play the ball.
 - The penalty for playing the ball using the head is an indirect free kick at the spot of the infraction. If the infraction is committed by a defending player in the defender's penalty area, the free kick will be taken from a spot on the penalty area line parallel to the end line that is nearest to the spot of the infraction.
 - The infraction consists of intentionally playing the ball with the head. If the referee determines that the ball struck a player in the head when the player is not trying to play the ball, the referee should allow play to continue.
- **BUILD OUT LINE** – The build out line is a line parallel to the end line located halfway between the penalty area and the center line. When the goalkeeper takes possession of the ball in his hands, the opposing team must retreat behind the build out line and remain there until the goalkeeper puts the ball into play by throwing or passing the ball.

- **Goal Kicks**
 - Are taken from the penalty box
 - All players on the defending team (team not taking goal kick) must be behind the buildout line on the same side of the field as the kick until the ball is put into play.
 - If a defending player is on the goal side of the buildout line in which the goal kick is taken the goal kick shall be retaken.

- **Goal Keepers**
 - When the goalkeeper takes possession of the ball in his hands, the opposing team must retreat behind the buildout line and remain there until the goal keeper puts the ball into play by throwing or passing the ball. If players encroach, the goalkeeper will re distribute the ball with defending players behind the midfield line. *Should the goalkeeper choose to distribute the ball prior to the defending team retreating, play continues without the team being required to retreat.*
 - A goalkeeper who has taken possession of the ball in his hands may not put the ball in play by punting or drop kicking the ball.
 - If the goalkeeper punts or drop kicks the ball, the opposing team is awarded an indirect free kick from the spot of the offense.
 - If the punt occurs within the penalty area, the indirect free kick should be taken at the nearest point outside the penalty area.

- **Offsides** - players can be penalized for an offside offense past the buildout line. This will result in an indirect kick from the spot of the penalty.

Fifth/Sixth Grade (9v9) Seventh/Eighth Grade (11v11)

- Play (2) 25-minute halves with a 5-minute half time
- Both teams are to be on the same side of the field and all parents are to be on the opposite side of the field from players and coaches.
- **NO HEADING for fifth/sixth grade – see 7v7 rules above for penalty**

ALL GAMES MUST START AND STOP ON TIME! NO EXCEPTIONS!!

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